



NEWSLETTER / RESEARCH PÔLE SANTÉ HEC

STATE OF EXHAUSTION OF MIDDLE MANAGERS / WE NEED YOUR HELP

November 28, 2022

Dear Members,

As you know, APER is currently working in collaboration with researchers from the Pôle Santé of the HEC of the University of Montreal, in partnership with the Robert Sauvé Institute in occupational health and safety, carrying out a research project aimed at reducing and preventing burnout among first-level managers in the health and social services sector.

We sent out a newsletter in October to solicitate your contribution to a survey and many of you have answered... **but we need more!**

The survey is in English as well. You just need to scroll “English” on the right upper side of the first page of the survey.

"To participate at the research, use the following anonymous link: [Cliquez ici.](#)"
or

https://hecmontreal.eu.qualtrics.com/jfe/form/SV_eqEqToilvOeOdMi

TEAM APER
association@aper.qc.ca