



APER

AU SOUTIEN | SUPPORTING
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May 15th 2026

NEWSLETTER

Dear members,

As National Nursing Week comes to a close, APER would like to highlight the essential contribution of nurses who, across the network, now hold management, coordination, and leadership responsibilities. This year's theme, "*The Power of Nurses to Transform Health*," resonates strongly with the reality of many of our members.

Throughout Québec's health and social services network, many managers come from the nursing profession. In the way they lead, they still carry that deep understanding of frontline realities, patient care, team dynamics, and the daily pressures that come with the clinical mission.

This week is therefore a valuable opportunity to recognize not only nursing expertise, but also what it brings to leadership within our institutions: judgment, presence, a sense of priorities, adaptability, and a constant focus on quality and safety.

We often speak about care, and rightly so. But behind service continuity, team coordination, the management of unforeseen situations, and the constant search for balance between performance, humanity, and safety, there is also demanding leadership work, too often carried out behind the scenes.

At APER, we know that these responsibilities come with their share of pressure, complexity, and sometimes isolation.

During this National Nursing Week, we therefore salute all those with a nursing background who now put their expertise at the service of leadership, team mobilization, and the smooth functioning of the network.

Their contribution is invaluable.

Their role is essential.

And their commitment deserves to be fully recognized.

THE APER TEAM

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and their quality of life



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