



June 19th 2026

NEWSLETTER

Dear members,

As National Indigenous Peoples Day on June 21 approaches, APER would like to take a moment to highlight the importance of respect, listening, and trust in our workplaces as well as in the organization of services.

This year carries special significance, as it marks the 30th anniversary of this day of recognition. This milestone invites us not only to acknowledge the richness of the cultures, knowledge, and realities of First Nations, Inuit, and Métis peoples, but also to reflect on how our actions, decisions, and practices can help create environments that are more humane, more open, and more respectful.

Within the health and social services network, this reflection is essential. Respect and cultural safety are not simply matters of intention; they are built through everyday interactions, through the quality of our listening, through consistency in our actions, and through a genuine willingness to do things differently when needed.

For those who hold management responsibilities, this means remaining attentive to the impact of their practices, fostering environments where everyone feels welcomed and respected, and contributing, in their own way, to a culture of trust.

At APER, we firmly believe that leadership can be an important lever for moving this reflection forward, with humility, openness, and consistency.

On this National Indigenous Peoples Day, we invite our members to take a moment to recognize this reality and to reaffirm the importance of workplaces and services grounded in dignity, trust, and respect.

For further information

- [Official National Indigenous Peoples Day page](#)
- [Interactive map of Québec's 11 Indigenous nations](#)

THE APER TEAM

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